

TRANSITION READINESS CHECKLIST

Transition Readiness Checklist for Healthcare Providers

Patient Preparedness

- ☐ Understands their diagnosis
- ☐ Knows medication names and purpose
- ☐ Can describe medical history (surgeries, allergies)
- ☐ Recognizes warning signs
- ☐ Can schedule and attend appointments

Independence

- ☐ Manages daily treatments (independently or with minimal help)
- ☐ Communicates needs confidently
- ☐ Family support shifting toward autonomy

Legal & Administrative

- ☐ Aware of legal changes at age 18
- ☐ Has written medical summary
- ☐ Identified adult care providers